

Shrewsbury Youth and Family Services is seeking college-age volunteers to assist the Summer Program Coordinator in running the You Go Girl and T.R.A.I.L.BLAZERS Programs this summer!

You Go Girl is an empowerment program for middle school girls designed to help young girls build positive female relationship skills, increase self-esteem, and learn team-building and leadership skills. The girls will also discuss prominent topics (such as peer pressure, bullying, and body image) and to learn overall, what it means to be a female in today's world.

T.R.A.I.L.BLAZERS is a week-long leadership program for high school students in which students will hear from community leaders, complete a community service project, discuss leadership style and approaches as well as compete in daily leadership challenges. Students will learn and utilize valuable leadership skills as they experience real world dynamics of leadership, while enhancing their resume, having fun, and learning new skills.

This is a volunteer position, which requires commitment to the following days:

- Volunteer Orientation and Program Planning from **June 20th-23rd, 9am-3pm**
- You Go Girl is **Monday through Thursday, 9am-3pm** on the following dates:
 - **6/26-6/29**
 - **7/17-7/20**
 - **7/24-7/27**
- Trailblazers is **Monday through Friday, 10:30AM-3pm** on the following dates:
 - **7/31-8/4 (with an additional presentation 8/4 from 5:30pm-9:30pm)**

For those interested, please submit a resume to:

Anna Chittim

Co-Executive Director, Clinical Services

achittim@syfs-ma.org

Kristin Hanko

Summer Program Coordinator

khankosyfs@gmail.com

